

# Professional Development + Training courses events offered by IOL Organisational Members

#### Sunguarding - Sun and heat Protection Course - IOL ACCREDITED



Various dates after launch on May 6th. Online.

Melanoma Fund. 6 modules. 43 lessons and video content.

If you work with others outdoors, updating your understanding around sun and heat protection is vital. To support this, the Melanoma Fund has created Sunguarding – Sun and heat protection course. Designed to equip you with the knowledge and skills to mitigate the risks associated with UV exposure and extreme temperatures, this free, two-hour course will future proof you, and your sessions against the threats amplified by climate change.

https://sunguarding.thinkific.com/courses/Sunguarding

#### 18 week Outdoor Instructor Training Course

4 Nov 2024 to 16 March 2025, 2 Nov 2025 to 15 Mar 2026

Mendip Activity Centre. Sandford, N. Somerset. Mendip Activity Centre's Accelerated Outdoor Instructor Training (AOIT) course is the best way to become a qualified outdoor activity instructor! £11,000 Fee includes everything- all training, accommodation, catering, trips and transport. Finance plans are available. hello@mendip.co.uk

https://www.outdoorinstructortraining.co.uk/

## **Expedition Mental Health**

11 Jul 2024

DAC Education. ONLINE course/event

https://www.protrainings.uk/classrooms/251642/signup

# Women's Outdoor Instructor Development Programme

16 Sep 2024 - 22 Nov 2024 Outward Bound, Loch Eil

https://www.outwardbound.org.uk/womens-outdoor-instructor-development-programme

A 10 week outdoor instructor development programme including the opportunity to work on the skills required to be an Outward Bound Instructor. This includes technical (mountain, rock and water) skills as well as developing your intra-personal (self-awareness) and inter-personal (leadership & group) skills. There will be time working with groups of young people alongside experienced instructors and structured mentoring.

## Countryside Leader Award Assessment Expedition - 3 days

27 Sep 2024 - 29 Sep 2024, 09 Nov 2024 - 24 Nov 2024 Zest for Adventure. Hudnall Park, Hertfordshire 01525 850368/07900 410327

david.goss@zest-for-adventure.co.uk

https://www.zest-for-adventure.co.uk/countryside-leader-award

Inclusive Leadership - developing the skills, knowledge and techniques to better engage and enabling people living with disabilities

12 Oct 2024 - 15 Oct 2024 Anyone Can. Fell Foot National Trust Park, Cumbria https://anyonecan.uk/inclusive-leadership-training/