

INclusivity in the OUTdoors: Disability

What do you already do well? What can you do better?

GINA MCCABE APR 21, 2021 05:17PM

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Ideas

Engage ambassadors for the disabled
Upskill clubs and volunteers

Equity not equality - it's not about treating everyone the same, it's treating them equitably so they get the same outcome

How to combat issues of things like path gradients in e.g. upland areas? Is it exclusionary to accept certain things just can't be as accessible as we'd like, or is that a really backwards mindset?

Do well

Adapt resources and information to suit learners with specific requirements - if we are told!

Involve those with specialist knowledge in planning, design or improvements

will be campaigning for more disabled toilet facilities in remote places. New Zealand national parks have great compost toilets which are very welcome

Exploring the opportunities for people with disabilities to share experiences

Keen to see how the skills learned through overcoming challenges of personal disability with others by being both a role model and an instructor. This webinar has generated many thoughts and ideas, thank you.

Just struck me that most bird hides I've visited will be inaccessible to many in wheelchairs. Would be good to see this change

For neurodiverse individuals the novelty of the outdoors can be overwhelming and result in cognitive overload. We need to get better at providing preparation resources in advance to users.

To do...

Improve communication with people with disabilities to find out what we can do better as a centre.

Facilitating Autonomy

Provide more information about what our facilities are like & what's accessible

Ask people with a range of disabilities to assess our centre & make suggestions

Do well: innovate and create diverse programming.
Do better: include some people with disabilities in the conversation, as participants, as group leaders, as facilitators/guides

Provide the information to allow people to make their own decisions - and photo's/film really help

Start with little changes eg signs, font, paint colours

Developing a hidden disability over the past year is really opening my eyes to things I always took for granted - so I will be

"learning on the job" but also even more mindful to other disabilities now

Provide the information so people can make their own decisions.

listen to people with experience

We involved a charity who support adults with disabilities to road test a track we wanted to convert into an easy access path in the countryside, and used their feedback to then develop it, and then road tested it when it was completed by another charity with young adults who have complex needs and physical disabilities

Adventure that can be created with knowledge and choice :)

Improve communication

Share our locations that have good accessibility on our website, so disabled users/customers can easily find this info.

Informed Choice - Individual centred and informed. Coaches/providers also focusing on functionality/ability of the individual on that day

As a small centre with limited funds, it feels like the quickest win for us is to share detailed information about what our site is like so that people can make their own decisions on whether or not they can access it

Really inspired to add information about routes to allow disabled people to make their own, informed decisions.

Great photographic verification tool. Exciting to hear about all that's going on - good to collaborate, share data and resources to provide a better all round experience. Already a big fan of 'social model' but I love that it was made explicit that providing accurate and useful information for informed choice and decision making to increase autonomy - such an important concept so well put! :D Thanks to breakout group for the chats too - it was lovely, keep on keeping on.

would like to find hubs of specialist equipment that can be used at centres to enable disabled people to engage with activities

Being sure to ask participants what adjustments they may need, rather than assuming

Free to make your own choices (👉-ups).

A "Grading system" gives everyone the ownership of informed choice as what they do. If I want to go out and do a black route first time it's MY CHOICE! I will live (hopefully) with the consequences.

We have a tramper, disabled toilets and ramps, car park etc. But we can think more about the photo / video routes and broader thinking about the range of disabilities. Great resources shared today.

The sector is good at being reactive and responding to individuals needs when they are shared with locations/providers. We need to get better at being more pro-active and reaching out to communities with invisible disabilities and those who don't self-present their disability to us. We can better support and innovate solutions this way.

Independent...

Could do with updating website descriptions of reserves to include a more detailed explanation of their accessibility. E.G. Not just 'toilets', 'trails', 'boardwalk' etc. but how accessible they are