



Bushcraft and Forest School courses events offered by IOL Organisational Members



Nature Connection & Forest Bathing Guide Teacher Training: 3 cohorts run in 2025

11-13 April, 1-3 August 2025. 3 day course.

Adore Your Outdoors.

Online or in private woodland in Fareham, Hampshire

07717368308 sonya@adoreyouroutdoors.co.uk

<https://adoreyouroutdoors.co.uk/forestbathingguidetraining/>

3 cohorts run in 2025. All start with a weekend of online learning on 5th April, 24th May or 12th July. Then choose from either an immersion week in the woods in Hampshire or an immersion week online. After that week, there are numerous coursework deliverables including deepening nature connection personal practices and delivering 3 trial walks with at least 4 participants, plus an open book exam.

COHORT 1/2025: ONLINE INTRO: Sat 5th & Sun 6th Apr + WOODLAND IMMERSION: w/c Monday 28th April (Mon to Fri) OR ONLINE IMMERSION: w/c 12th May (Mon to Fri) + COMPLETION: 30th September

COHORT 2/2025: ONLINE INTRO: Sat 24th & Sun 25th May + WOODLAND IMMERSION: w/c Mon 9th June (Mon to Fri) OR ONLINE IMMERSION: w/c Mon 16th June (Mon to Fri) + COMPLETION: 31st October

COHORT 3/2025: ONLINE INTRO: Sat 12th & Sun 13th Jul + WOODLAND IMMERSION: w/c Monday 11th August (Mon to Fri) OR ONLINE IMMERSION: w/c Mon 18th August (Mon to Fri) + COMPLETION: 30th December.

£2745 for the hybrid learning path (includes the woodland immersion with 2 opportunities to deliver sessions for real life customers or volunteers), or £2245 (fully online learning path).

Is 2025 your year to become a Certified Forest Bathing Guide? Want to be your own boss while nurturing a deeper connection with nature—for yourself, your clients, and the future of our planet? As nature lovers, we share a common concern: while we cherish the natural world, the impact of climate change and biodiversity loss can feel overwhelming. We also crave a slower pace, a simpler life, far removed from the "more, more, more" mentality.

It can leave you wondering how to live a happy, healthy life and be part of the solution. What you're longing for is likely: a deeper connection to nature that eases anxiety and nourishes your soul; a fulfilling and financially rewarding career where you're in control; a strong sense of purpose; a feeling of belonging.

At Adore Your Outdoors, we believe Forest Therapy Guiding, with a business rooted in nature, offers a path to truly joyful living—for you and future generations. We believe those who nurture a sustainable future deserve both financial reward and deep fulfilment.

As a certified Forest Bathing Guide, you can:

- Be your own boss and revitalise your career.
- Embark on a profound journey of self-discovery.
- Become a certified, trusted professional.
- Create transformative experiences.
- Harmoniously combine purpose with profit.
- Join the Forest Bathing revolution.

Choose from the fully online learning path or a hybrid approach with a transformative week together in Hampshire. With three intakes in 2025, you can find the perfect fit for your schedule.

Shinrin Yoku (Forest Bathing) has been integrated into the Japanese healthcare system for over 45 years and is now endorsed by the NHS, lending legitimacy to your practice. Research consistently demonstrates long-lasting benefits, including stress reduction, improved sleep, enhanced immunity, and well-being.

Are you ready to answer the call of the wild?

Train the Trainer – 2 Day Bushcraft Training Course

The Wilderness Project – Learn Outdoors Ltd

10th – 11th March 2025, 22nd – 23rd March 2025, 7th – 8th April 2025, 20th – 21st May 2025, 10th – 11th June 2025 at Nannerth Fawr, Rhayader, Mid Wales. Cost: £190 + VAT
enquiries@learn-outdoors.co.uk <https://wilderness-project.org/train-the-trainer>

Bushcraft Competency Certificate training course

Discover Tribe

3rd – 5th March 2025, 3rd – 5th May 2025, at TRIBE Bushcraft Centre, Dronfield. Cost: £325/£300
Peter Sutherland 07947722958 contactus@discovertribe.co.uk www.discovertribe.co.uk/BCC

Level 2 Forest School Assistant

Forest School SNPT

4th March – 25th March 2025, 17th-20th June. 4 Day Course: Consecutive Tuesdays (4th, 11th, 18th, 25th March 2025)

At Bishop's Wood Countryside Centre, Caswell, Swansea. Cost: £525
01792 367118 office@forestschoolsnpt.org.uk

Level 2 Curriculum Based Outdoor Learning Practitioner

Forest School SNPT

6th May to 20th May 2025 3 Day Course: Consecutive Tuesdays 6th, 13th, 20th May 2025

At Bishop's Wood Countryside Centre, Caswell, Swansea. Cost: £425
01792 367118 office@forestschoolsnpt.org.uk

Level 3 Coastal Top-Up

Forest School SNPT

10th July – 11th July. 2 Day Course. At Bishop's Wood Countryside Centre, Caswell, Swansea. Cost £300

01792 367118 office@forestschoolsnpt.org.uk

Level 3 Forest School Leader

Forest School SNPT

23rd, 24th, 25th, 26th September and 21st, 22nd, 23rd, 24th October 2025. 8 Day Course (2x block of 4 day sessions). At Bishop's Wood Countryside Centre, Caswell, Swansea. Cost £1100

01792 367118 office@forestschoolsnpt.org.uk



Nene Park Trust

Certificate in Leading Forest School – level 3

IOL Accredited and delivered by Cambium Sustainable

6th, 7th, 13th, 14th, 20th, 21st, 27th, 28th March 2025, 11, 12, 18, 19,

25, 26 September and 2, 3 October 2025.

Nene Park Trust, Ferry Meadows Country Park, Peterborough, Cambridgeshire. £975 including registration fees and VAT. 01733 234193. anna.thompson@neneparktrust.org.uk www.nenepark.org.uk

This Forest School Leader training is designed for those who would like to set up and run a forest school programme. The course involves eight days of training, including theory and practical sessions. All of our

training takes place in person at Ferry Meadows Country Park, Cambridgeshire. The theory elements of the courses will be delivered in the comfortable surroundings of the Lakeside Meeting Room, while the practical skills sessions will take place outdoors in our dedicated forest school site.

There are five units of study at Level 3:

- Supporting learning, play and development in natural environments
- Deliver forest school
- Observation and evaluation of forest school
- Sustainable use and management of natural resources
- Teach outdoor practical skills

As part of this course you will:

- Attend training days which consist of both theory and practical tasks
- Run a forest school programme in your chosen setting
- Have a work-based assessment
- Complete a portfolio for assessment.



Award in Assisting Forest School – level 2

IOL Accredited and delivered by Cambium Sustainable

6th, 7th, 13th, 14th, 27th March 2025, 11, 12, 18, 19 September + 2

October 2025.

Nene Park Trust, Ferry Meadows Country Park, Peterborough, Cambridgeshire. £525 including registration fees and VAT. 01733 234193. anna.thompson@neneparktrust.org.uk, www.nenepark.org.uk

This course is designed for those wanting to assist a Level 3 Forest School Leader. The course duration is five days of training including theory and practical sessions, plus assisting with planning and delivery of a minimum of 3 forest schools sessions. All of our training takes place in person at Ferry Meadows Country Park, Cambridgeshire. The theory elements of the courses will be delivered in the comfortable surroundings of the Lakeside Meeting Room, while the practical skills sessions will take place outdoors in our dedicated forest school site.

There are 4 units of study at level 2:

- Supporting learning, play and development in the natural environment
- Sustainable use and management of natural resources
- Outdoor practical skills
- Forest school assistant



Bushcraft Competency Certificate Training

11-13 April, 1-3 August 2025. 3 day course.

Explore the Great Outdoors. Warminster, Wiltshire.

07776220196 office@forestschoolsnpt.org.uk

<https://www.explorethegreatoutdoors.co.uk/bushcraft-courses.php>



Bushcraft Competency Award

14-15 June 2025. 2 day course.

Explore the Great Outdoors. Warminster, Wiltshire.

07776220196 office@forestschoolsnpt.org.uk

<https://www.explorethegreatoutdoors.co.uk/bushcraft-courses.php>

Woodland Activity Leader Training (WALT)

2-8 Aug 2025 www.wild-things.org.uk enquiries@wild-things.org.uk

Wild Things. Findhorn Village Centre, Findhorn. £720.

Woodland Activity Leader Training Practical Only

11-13 April, 18-20 July, 18-20 Oct 2025 www.wild-things.org.uk enquiries@wild-things.org.uk

Wild Things. Findhorn Village Centre, Findhorn. £360.

Coastal Activity Leader Training

26 July – 1 Aug 2025 www.wild-things.org.uk enquiries@wild-things.org.uk

Wild Things. Findhorn Village Centre, Findhorn. £720.

Woodland Activity Leader Training (WALT)

4-6 April 2025. <https://woodlandclassroom.com/event/woodland-activity-leader-training-walt-2/>

Woodland Classroom Ltd. Call James 07876 794 098.

Level 3 Forest Leader Training

8-12 May and 26-29 June 2025.

Root-and-Branch Out CIC. Woodland in Rutland. With Carol Middleton, accredited by ITC First and recognized by the FSA. www.undertheazels.org

<https://www.rootandbranchout.co.uk/bookings.html>

Bushcraft Competency Course - 3 day course - IOL ACCREDITED

WOODLAND SURVIVAL CRAFTS

Bushcraft and Survival Skills Specialists

Dates in 2025 TBA

Woodland Survival Crafts. Spring Wood, Derbyshire

An ideal training course for Outdoor Professionals leading to the Bushcraft Competency Certificate developed through the IOL.

<http://www.woodlandcrafts.com/our-courses/bushcraft-for-practitioners/>

T: 07736 225035 Dave dave@woodlandcrafts.com

Woodland Survival Crafts offer a package of quality training to enable Outdoor Practitioners to feel confident in their foundational Bushcraft skills.

We will look at what is at the heart of good Bushcraft and how you can enhance your existing sessions to address a wide variety of educational needs.

The three day course can stand on its own or be taken further. Options include gaining accreditation through the Institute for Outdoor Learning's Foundational Bushcraft Competency Award.

Whether you are a Forest School Leader, Environmental Education Officer or Outdoor Instructor we can enhance your skills and sessions.

It is useful but not essential for students to have some previous experience in the areas of shelter building, fire lighting and simple knife handling.

Bushcraft Competency Training 2 days - IOL ACCREDITED



20th – 21st March 2025. Woodland Classroom, Wrexham, N. Wales.

<https://woodlandclassroom.com/event/iol-bushcraft-competency-award/>

<https://woodlandclassroom.com/event/iol-bushcraft-competency-award-2/>

This accredited training course is designed for instructors, leaders and teachers who want to demonstrate that they follow good practice and have a high level of safety and competency in a range of bushcraft skills.

This 2 day course is designed for the outdoor learning workforce including FE/HE students, apprentices, instructors and teachers. It is suitable for a wide range of people working or volunteering in formal or non-formal settings such as early years, schools, colleges, outdoor centres, education centres, wildlife trusts, national parks, youth and voluntary organisations. Wherever you are on your journey into bushcraft we aim to bring your confidence and skillset forward to the next level.

This 2 day course is open to all with an interest in passing bushcraft skills and knowledge on to others. The course covers 5 key bushcraft skill units; edged tools – knives & saws, fire, water, tarp shelters & knots and campfire cooking.

Our weekend long course is all set against the backdrop of mixed woodlands, wetlands and open meadows of [Park In The Past](#), with 120 acres of wild space to explore. Students are encouraged to camp over in the woods, with the option of staying over on both the Friday and Saturday, or just Saturday night.

This course covers five essential bushcraft skillsets.

Bushcraft Competency Certificate - IOL ACCREDITED



Various dates

Jack Raven Bushcraft. Jack Raven Bushcraft Camp, Kent. 07553 763397, info@jackravenbushcraft.co.uk, www.jackravenbushcraft.co.uk

The syllabus meets the IOL Statement of Good Practice. On this intensive 3 day course you will cover:

- UK knife law and its relevance to bushcraft,
- Safe use of basic bushcraft tools such as knives, folding saws and bow saws,
- How to sharpen a bushcraft knife,
- Making simple carved implements such as a tent peg or feather stick,
- Safe shelter construction, including 'A' frame and 'lean to' debris shelters,
- Importance of insulating yourself from the ground in a debris shelter by creating an improvised bed,
- Establishing fires by: bow drill, fire steel, flint and steel, lenses, mirrors, chemicals, matches, fire pistons, lighters, batteries & wire wool,
- Constructing and using a tinder bundle to light a fire,
- Locating, filtering and purifying water,
- Tree identification and uses, including food sources available from trees,
- How to prepare and make natural cordage from a variety of sources,
- Natural navigation using shadow sticks, a watch, the moon and stars,
- And of course, ensuring that we leave no trace

Throughout the course we will provide advice and guidance on tools and equipment and how to teach the skills covered to other people, whether that be individuals or groups, all based on our own years of experience.

To be added to the register of holders of the IOL Bushcraft Competency Certificate, you will need to log 120 quality hours and attend a separate assessment, as well as join the IOL and the Bushcraft Professional Practice Group. Memberships and assessments are administered through the IOL.

Take a look at our 'IOL Hall of Fame' to see photos of the people that we know have successfully taken their assessment. and gained the IOL Bushcraft Competency Certificate.

Link: <https://www.jackravenbushcraft.co.uk/bushcraft-qualifications/iol-bushcraft-competency-certificate/>

Certificate in leading Forest School – level 3 (8 days) - course IOL ACCREDITED by Cambium Sustainable



6,7, 13, 14, 20, 21, 27, 28^h March 2025

Nene Park Trust. Ferry Meadows Country Park, Cambridgeshire. 01733 234193.

anna.thompson@neneparktrust.org.uk, www.nenepark.org.uk

This Forest School Leader training is designed for those who would like to set up and run a forest school programme. The course involves eight days of training, including theory and practical sessions. All of our training takes place in person at Ferry Meadows Country Park, Cambridgeshire. The theory elements of the courses will be delivered in the comfortable surroundings of the Lakeside Meeting Room, while the practical skills sessions will take place outdoors in our dedicated forest school site.

There are five units of study at Level 3:

Supporting learning, play and development in natural environments

- Deliver forest school
- Observation and evaluation of forest school
- Sustainable use and management of natural resources
- Teach outdoor practical skills

As part of this course you will:

- Attend training days which consist of both theory and practical tasks
- Run a forest school programme in your chosen setting
- Have a work-based assessment
- Complete a portfolio for assessment.

Award in assisting Forest School – level 2 (5 days) - course IOL Accredited by Cambium Sustainable



6, 7, 13, 14, 27 March 2025

Nene Park Trust. Ferry Meadows Country Park, Cambridgeshire. 01733 234193 .

anna.thompson@neneparktrust.org.uk, www.nenepark.org.uk

This course is designed for those wanting to assist a Level 3 Forest School Leader. The course duration is five days of training including theory and practical sessions, plus assisting with planning and delivery of a minimum of 3 forest schools sessions. All of our training takes place in person at Ferry Meadows Country Park, Cambridgeshire. The theory elements of the courses will be delivered in the comfortable surroundings of the Lakeside Meeting Room, while the practical skills sessions will take place outdoors in our dedicated forest school site.

There are 4 units of study at level 2:

- Supporting learning, play and development in the natural environment
- Sustainable use and management of natural resources

- Outdoor practical skills
- Forest school assistant