It’s important to include your address to prove that you are a constituent of your local MP

Dear

As one of your constituents and as a (say what your interest in the Nature Premium is here, e.g. parent, teacher, forest school leader, nature enthusiast etc), I am asking for your support with the new “Nature Premium”.

*Maybe add a sentence here to show how passionate you are about it – you could copy one of these:*

* This is really important for the health and well-being of children.
* I really believe that it could make a huge improvement to children’s mental health.
* I think children’s mental and physical health desperately need it.

The “Nature Premium” idea is similar to the Sports Premium – except it is to provide money for children to get out into nature. The idea is that the Nature Premium would:

**“improve children’s mental and physical wellbeing after lockdown and demonstrate a positive investment in their future development as part of the Green Recovery”** (<https://www.naturepremium.org/> )

Lockdown has shown that *(Maybe choose one of these phrases or make up your own?)*

* There are huge differences between those children who can and can’t get out into nature.
* Far too many children hardly ever go into the natural environment.
* many children just don’t get out into nature and it’s become even worse during the pandemic.

*Then explain the consequences, by choosing a phrase like these:*

* …which can be extremely bad for them, mentally and physically. And the damage can last until they are adults.
* … which really affects their mental and physical health which can be long-lasting.
* Because of this, children’s life chances and well-being can be seriously damaged - even into adulthood.

*Explain how the N.P aims to address the issue, such as one of these:*

* The Nature Premium money would close the gap between those who can get out into nature and those who can’t. If we look after children’s mental and physical health now, there will be less need for intervention later.
* I believe that if we care about children’s mental and physical health now, we will reap the benefits later. Access to nature really improves people’s mental and physical health.
* Prevention is better than cure – if we can improve the mental and physical health of our children, we will have happier, more content and fulfilled adults, who can be a positive part of society in the future.

*Finish by explaining what you want:*

Please support the Nature Premium. Please ask the government to put the initiative into practice.

Also, please can you reply to me to tell me what action you have taken?

Thank you in advance.

Yours sincerely,

<https://www.naturepremium.org/>

<https://www.youtube.com/watch?time_continue=4&v=aI5Ej7OrDbo&feature=emb_logo>