



# English Midlands & Central Region Meet

## Tuesday February 4<sup>th</sup> 2025



### SHREWSBURY

BOULDERING | TOP ROPES | AUTO BELAYS | TRAINING AREA

Welcome to Climbing Hut Shrewsbury, located on the edge of town, our purpose built climbing centre is a fantastic venue for climbers of all ages, abilities, and styles. With Bouldering, Tall Walls, and our coveted Action Walls, we have something for everyone!

[GO TO SHREWSBURY](#)

# The Institute for Outdoor Learning

- The Institute for Outdoor Learning is the professional charity for organisations and individuals who use the outdoors to make a positive difference for others.
- We are driven by a vision of Outdoor Learning as a highly valued form of development, education and employment in UK society.
- We provide a competitive platform of quality services to enable others who share similar aspirations and purpose to achieve their organisational aims.

[Member homepage](#)

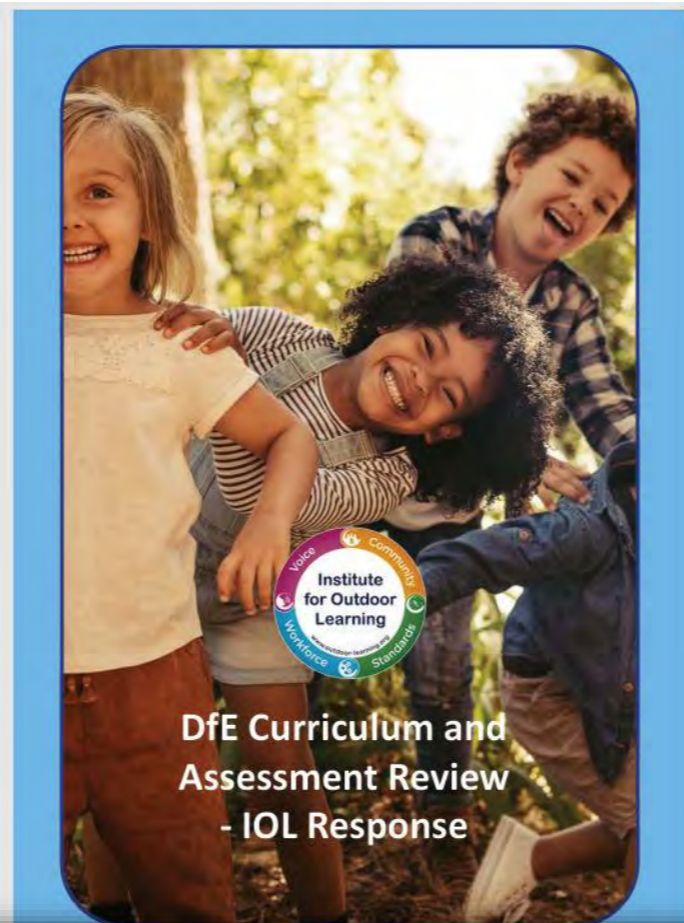
[Join Us](#)



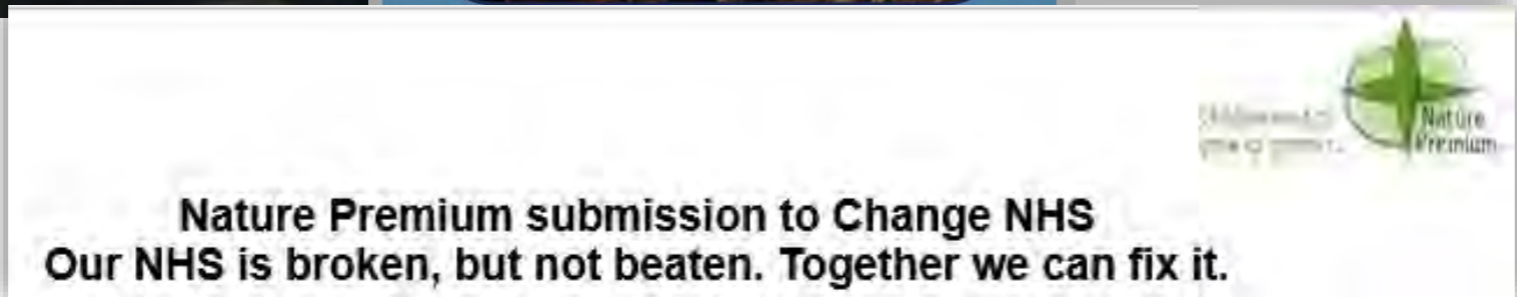
Institute for Outdoor Learning

Are you interested in championing outdoor learning to policy makers, national organisations and governments?

Give Outdoor Learning a Shout Out!



[IOL Voice](#)



# Are you seeking others in outdoor learning to join up to share and develop practice?

The screenshot displays the IOL website interface. At the top, there is a navigation bar with 'Jobsite', 'Join Us', and 'Login' buttons. Below this, a secondary menu includes 'About Us', 'Voice', 'Community', 'Workforce', and 'Standards'. The main content area features several categories: 'Geographical Areas' (with a sub-menu for 'English Midlands'), 'Sector Specialist Groups', 'Recognised Professionals Directory' (with sub-options for 'Bike Trail' and 'Walking Trails'), and 'Organisation Directory'. A search bar is visible in the 'My Community Groups' section.

This screenshot shows the 'My Community Groups' page. It includes a search bar with the text 'Type to search' and a search icon. Below the search bar, it states '25 groups available'. A dropdown menu is open, listing options: 'Member homepage', 'Edit profile', 'My events', 'My subscriptions', 'Order history', 'Manage security', 'My payment methods', and 'Logout'. At the bottom of the dropdown, there is a 'Group Type' section with two checkboxes: 'Geographical Area' and 'Specialist'.



Find your [IOL Community](#)

# Are you looking for career advice, professional development and recognition?



## Apprenticeships

Welcome to our NEW resource for new and current apprentices in outdoor learning. This is currently being developed by the IOL Trustees, UK Training Providers and End Point Assessment Organisations.

## Talent Survey - Practitioners 2024/25

## Talent Survey - Employers 2024/25

## IOL Events

## Job Listing

Date	
2025	
Jan (1)	Feb (3) Mar (4)
Apr (2)	May (1) Jun
Jul (1)	Aug (1) Sep
Oct (1)	Nov (1) Dec

Event type	+
Location	+
Topic	+

**Don't miss it - book now**

30 JANUARY 2025  
**IOL North West England Conference**  
Regional conference Annual get together  
Networking CPD Developing communities of practice  
**IOL Conference** Grange-over-Sands, Cumbria

**Book now**

4 FEBRUARY 2025  
**English Midlands & Central Region Meet**  
Joint AHOEC Central Region and IOL English Midlands Region event Workshops / Climbing Wall / Meet up  
**Regional Catch Up** Market Place, Battisfield, Shrewsbury, SY1 4AN

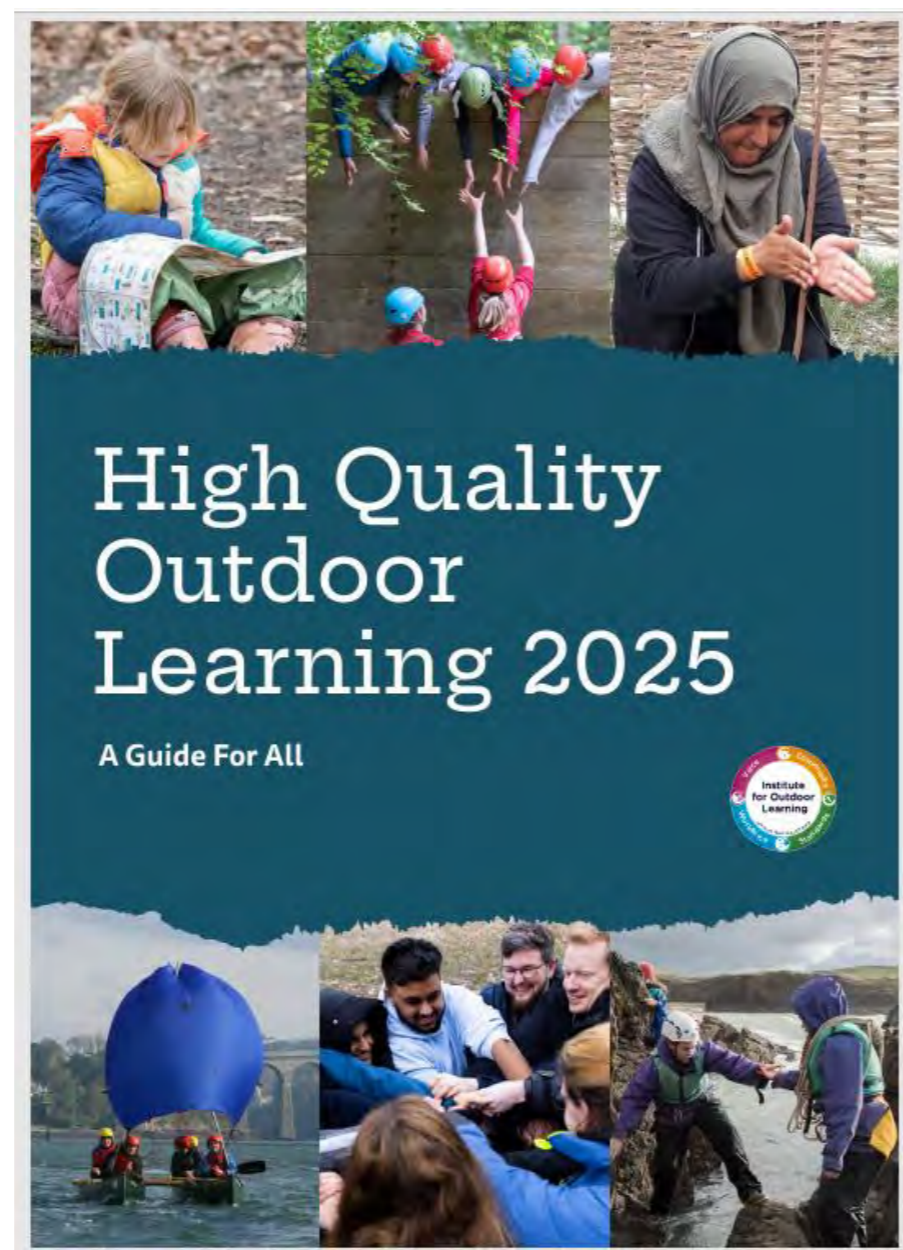
**Free**

24 FEBRUARY 2025  
**AOT Webinar Series: 'Your questions, expert responses': ask and answer about outdoor therapy**  
Free to AOT members  
**IOL Members Free Webinar**





Are you interested in knowing about, developing and sharing research and good practice?



Vinicius Zeilmann Brasil

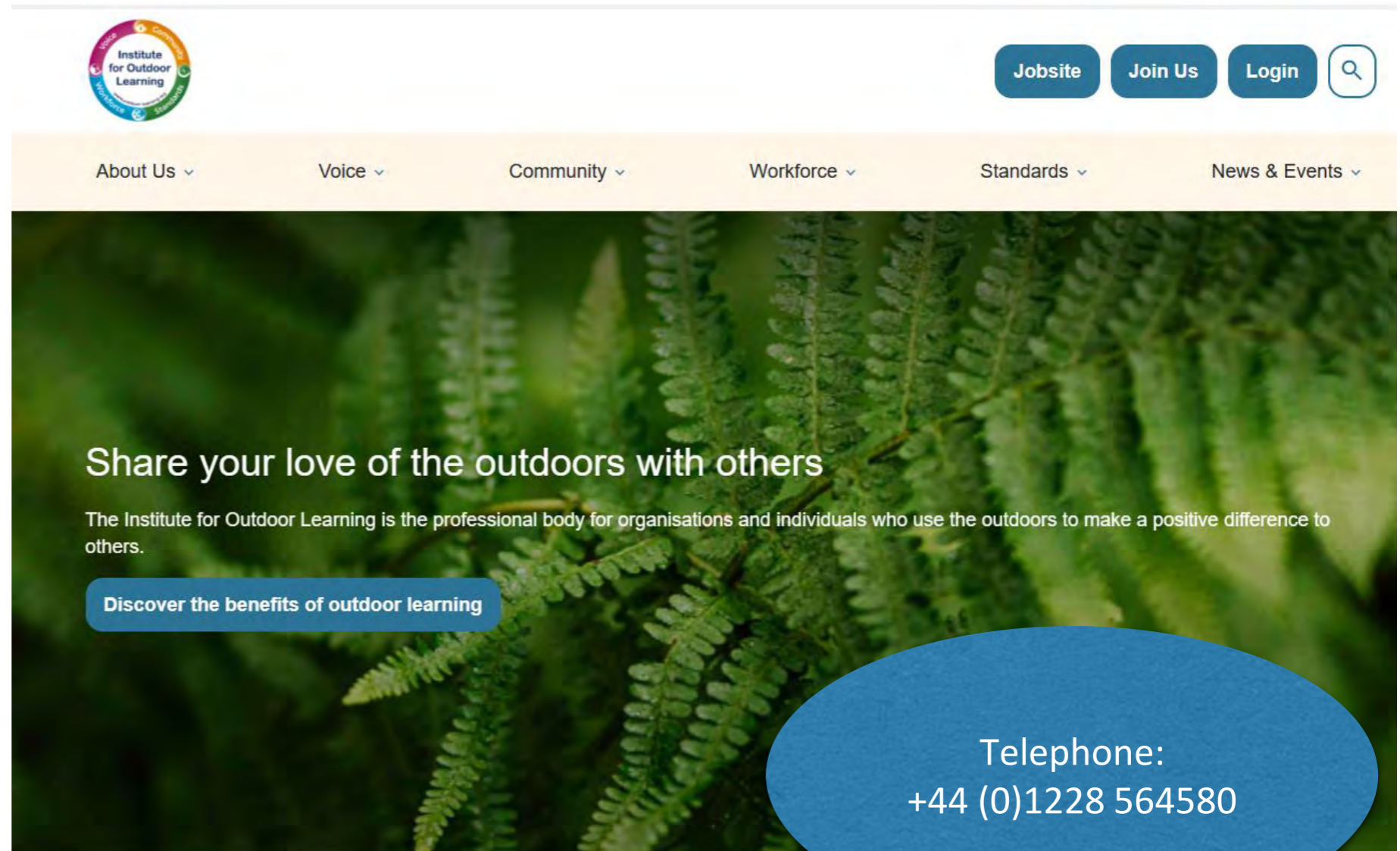
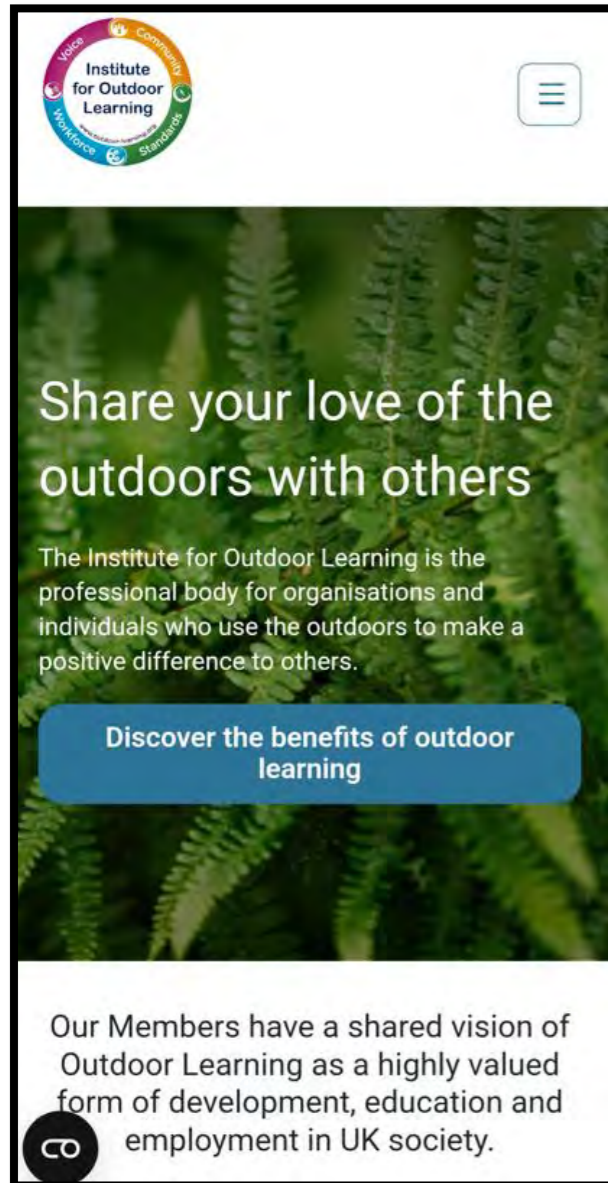


HQOL25



# Championing Outdoor Learning

# Contact Us



Our Members have a shared vision of Outdoor Learning as a highly valued form of development, education and employment in UK society.

Website: [Institute for Outdoor Learning - Home \(outdoor-learning.org\)](https://outdoor-learning.org)

Email: [institute@outdoor-learning.org](mailto:institute@outdoor-learning.org)

Institute for Outdoor Learning



Making a positive impact in/through your work





# GOAL

## What do you want?

Questions you might want to ask as a coach could include:

- What do you want to achieve?
- What are your objectives?
- How will you measure your objectives?
- How much progress do you wish to make?
- When would you like to have solved this problem?
- Are there smaller steps you'd like to work on?
- What will it feel like when you reach your goal?
- How will you explain what you've achieved to others once you've reached your goal?

# REALITY

## What is happening now?

Questions you might want to ask as a coach could include:

- What is the current state?
- What's your current position?
- What feedback have you had in relation to this?
- What evidence have you received in relation to the current situation?
- Who else is involved?
- How would your peers describe your situation?

# OPTIONS

## What could you do?

Questions you might want to ask as a coach could include:

- What options do you have?
- How can you achieve your goals?
- What other ways could you achieve your goals?
- Who could help you achieve your goals?
- What skills do you have to help you achieve your goals?
- How else could you do to achieve your goals?
- What would your friends / peers / manager / partner / parent / child suggest you do to achieve your goals?

# WILL

## What will you do?

Questions you might want to ask as a Coach could include:

- Given your options, what will you do next?
- What specific steps will you take?
- When will you take them?
- What will it feel like?
- How will you make sure you start the process?
- Who will you tell about this?
- What will you say to me about this next time we meet?
- What's the first thing you need to do?
- How will you celebrate your success along the way?

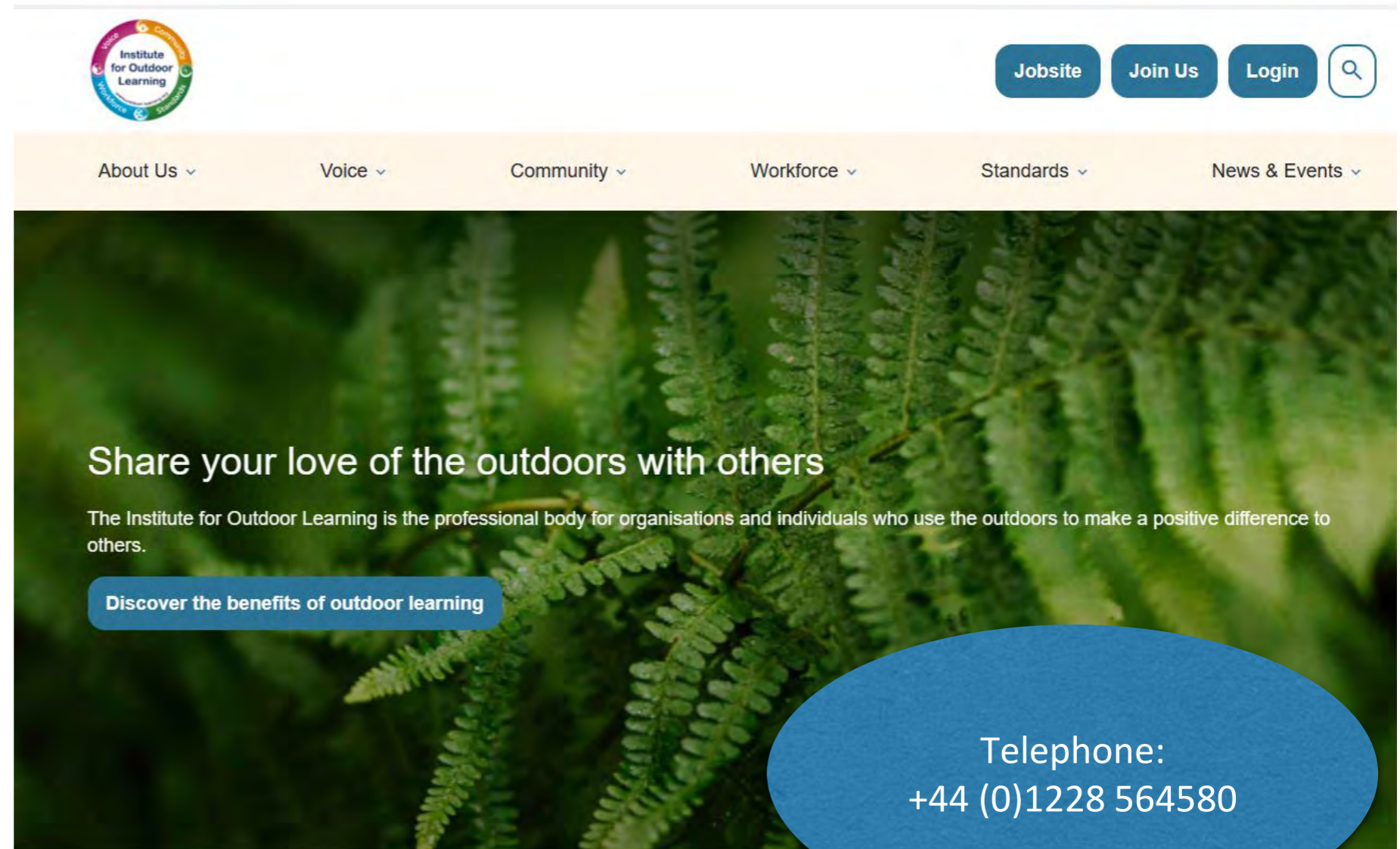
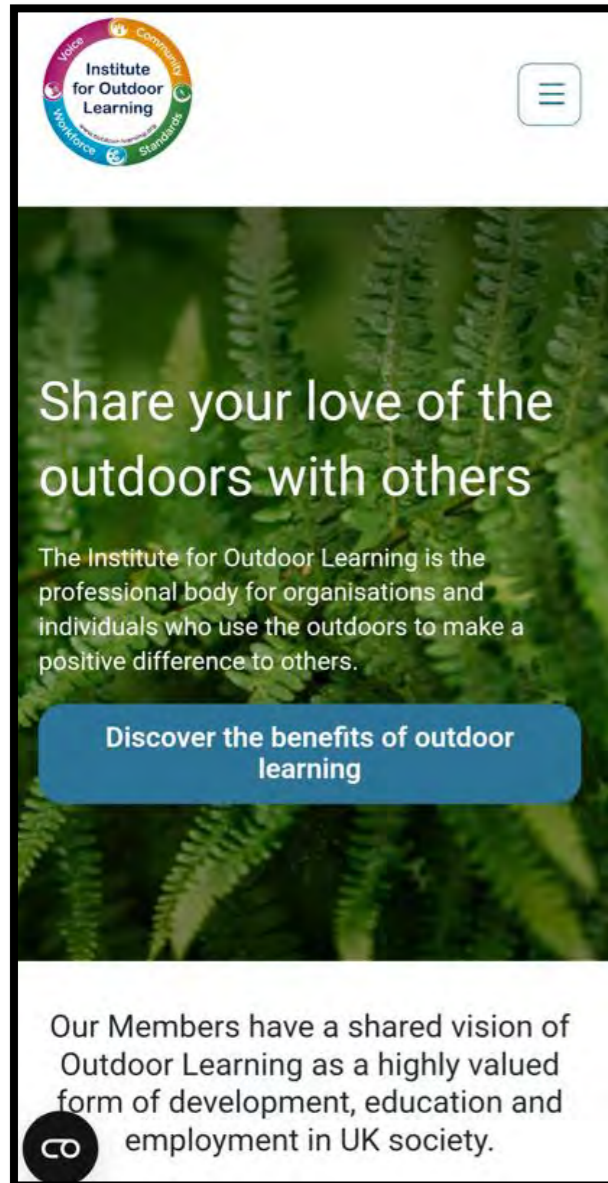


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