



## First Aid courses events offered by IOL Organisational Members

### Forest Schools 16 Hour First Aid (VTQ) - IOL ALIGNED



SA First Aid Training.

Contact for dates. <https://www.safirstaidtraining.com/Contact-Us/>

Prices for 16 hr Forest School First Aid: up to 4 delegates £180 pp incl, up to 6 delegates £150 pp incl, from 6 up to 12 delegates £120 pp incl

Pricing includes First aid kit, certification for Forest school first aid and 12 hour Paediatric First Aid, Forest school casualty cards, Instructor fee and consumables.

<https://www.safirstaidtraining.com/>

### Outdoor First Aid at Work, 2 day

03-04 July 2024

Notts Outdoors, Nottinghamshire

[FirstAidTraining@nottsgov.uk](mailto:FirstAidTraining@nottsgov.uk)

01433 650309

<https://nottsgov.uk/stmichaels/course/outdoor-first-aid-incident-management-2>

### First Aid at Work Requalification (2 days)

04 Apr 2024 - 05 Apr 2024

Woodlands Adventure & Outdoor Learning. Woodlands Adventure & Outdoor Learning, West Midlands

[action@woodlandsadventure.co.uk](mailto:action@woodlandsadventure.co.uk)

0121 353 7329

[www.woodlandsadventure.co.uk](http://www.woodlandsadventure.co.uk)

### ITC Level 3 Award in Outdoor First Aid - 2 days - IOL ACCREDITED



27 Apr 2024 - 28 Apr 2024, 18 May 2024 - 19 May 2024, 15 Jun 2024 - 16 Jun 2024

React First. Shadwell Basin Outdoor Activity Centre, London

0207 193 2608

<https://www.reactfirst.co.uk/first-aid-course/16hr-outdoor-first-aid-course/61.htm>

09 May - 10 May 2024, 06 Jun - 07 Jun 2024

React First. Chiswick Sports Grounds, London

0207 193 2608

<https://www.reactfirst.co.uk/first-aid-course/16hr-outdoor-first-aid-course/61.htm>

### Level 3, 16 hour Outdoor First Aid - IOL Aligned



18 Apr 2024 - 19 Apr 2024, 20 Jun 2024 - 21 Jun 2024, 15 Aug 2024 - 16 Aug 2024

DAC Education. Suffolk

<https://www.protrainings.uk/courses/39-outdoor-pursuits-16-hour-first-aid-level-3-vtq>

### Rescue Emergency Care (Outdoor) (2days)

20 Apr 2024 - 21 Apr 2024

Woodlands Adventure & Outdoor Learning, West Midlands.

[action@woodlandsadventure.co.uk](mailto:action@woodlandsadventure.co.uk)

0121 353 7329

[www.woodlandsadventure.co.uk](http://www.woodlandsadventure.co.uk)

#### **First Aid at Work 3 days**

22 Apr 2024 - 24 Apr 2024

Learn Outdoors Ltd. Llandrindod Wells

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/gnuk-level-3-award-first-aid-at-work-rqf/>

#### **Outdoor and Forest School First Aid - inc. Paediatric First Aid**

22 Apr 2024 - 23 Apr 2024

First Aid for All Ltd. Manchester

0161 2501616

[firstaidforall.uk](mailto:firstaidforall.uk)

[info@firstaidforall.uk](mailto:info@firstaidforall.uk)

#### **Outdoor First Aid / Forest School First Aid 2-day - IOL Aligned**



25 Apr 2024 - 26 Apr 2024, 20 Jun 2024 - 21 Jun 2024, 19 Sep 2024 - 20 Sep 2024, 21 Nov 2024 - 22 Nov 2024

4 Minutes Training Ltd. 1st Lent Rise Scouts HQ, Berkshire

01628 56 99 22

[info@4minutes.co.uk](mailto:info@4minutes.co.uk)

<https://4minutes.co.uk/public-first-aid-courses>

#### **ITC Level 3 Award in Outdoor First Aid - 2 days - IOL ACCREDITED**



29 Apr 2024 - 30 Apr 2024, 09 May 2024 - 10 May 2024, 05 Jun 2024 - 06 Jun 2024, 09 Jul 2024 - 10 Jul 2024

Elements First Aid. Parkwood Scout Camp, East Sussex

01273 707851

<https://www.elementsfirstaid.co.uk/scheduled-courses/>

#### **ITC Level 3 Award in Outdoor First Aid - IOL ACCREDITED**



29 Apr 2024 - 30 Apr 2024, 21 May 2024 - 22 May 2024

Forest Routes Ltd. Rosliston Forestry Centre, Derbyshire

07951 822 496

[info@forestroutes.co.uk](mailto:info@forestroutes.co.uk)

[www.forestroutes.co.uk](http://www.forestroutes.co.uk)

This qualification is designed to meet the needs of those working away from immediate assistance (more than 30 mins) in the remote and rural regions of the UK. This Outdoor First Aid qualification is externally regulated and meets the standards to appear upon the national qualifications' frameworks of England and Wales. This course is recognised throughout the UK and is the course of choice for experienced practitioners who use the outdoors.

It is suitable for workers in rural and remote settings and will maintain the license to practice for those with Outdoor National Governing Body Instructor awards.

The course meets the requirements of the Institute for Outdoor Learning Statement of Good Practice for Outdoor First Aid Training at Band 3. This is hosted upon the Institute for Outdoor Learning website.

Topics include; roles & responsibilities, dealing with collapse (with and without breathing), choking, bleeding, shock, major illnesses, torso and limb injuries, environmental effects, heat & cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management, answering queries such as when or how to remove boots, helmets and looking after a casualty for some hours.

This qualification is designed to provide outdoor incident management skills. Typical delivery methods are predominantly practical, with elements occurring out of doors in outdoor clothing and on various terrains. The course is assessed by continual observation of candidate performance.

**Outdoor First Aid - 2 days**

08 May 2024 - 09 May 2024, 15 Aug 2024 - 16 Aug 2024, 08 Oct 2024 - 09 Oct 2024, 14 Nov 2024 - 15 Nov 2024

Learn Outdoors Ltd, Llandrindod Wells

01597 811107

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/outdoor-first-aid/>

**Outdoor and Forest School First Aid - inc. Paediatric First Aid**

15 May 2024 - 16 May 2024, 17 Jun 2024 - 18 Jun 2024, 01 Jul 2024 - 02 Jul 2024, 09 Sep 2024 - 10 Sep 2024, 14 Oct 2024 - 15 Oct 2024

First Aid for All Ltd, Manchester

0161 2501616

[firstaidforall.uk](mailto:firstaidforall.uk)

[info@firstaidforall.uk](mailto:info@firstaidforall.uk)

**Emergency First Aid at Work**

21 May 2024

Learn Outdoors Ltd. Llandrindod Wells

01597 811107

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/qnuk-level-3-award-in-emergency-first-aid-at-work-rqf/>

**First Aid at Work 3 days**

03 Jun 2024 - 05 Jun 2024

Learn Outdoors Ltd . Llandrindod Wells

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/qnuk-level-3-award-first-aid-at-work-rqf/>

**Emergency First Aid at Work**

19 Aug 2024, 22 Nov 2024

Learn Outdoors Ltd. Llandrindod Wells

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/qnuk-level-3-award-in-emergency-first-aid-at-work-rqf/>

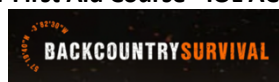
**First Aid at Work 3 days**

18 Sep 2024 - 20 Sep 2024, 04 Dec 2024 - 06 Dec 2024

Learn Outdoors Ltd. Llandrindod Wells

[enquiries@learn-outdoors.co.uk](mailto:enquiries@learn-outdoors.co.uk)

<https://wilderness-project.org/product/qnuk-level-3-award-first-aid-at-work-rqf/>

**Outdoor First Aid Course - IOL ACCREDITED**

10 Oct 2024 - 11 Oct 2024

Backcountry Survival. Alvie Estate, Invernesshire

<https://www.backcountry-survival.co.uk/courses/outdoor-first-aid/>

Thinking of delivering woodland & Bushcraft skills?

Are you a teacher, scout leader, outdoor instructor or youth worker who wishes to deliver woodland skills, such as Bushcraft & Survival activities, but you aren't qualified?

Would you like to inspire others, by teaching them to craft with tools, light & safely manage camp-fires, play outdoor games, build shelters and explore the natural world?

Or maybe you already have leadership qualifications, but you lack the confidence to deliver some woodland activities? Would you like some new ideas, or to improve the safety of your sessions by incorporating proven risk management strategies?

How did the WSL come about?

With a growing interest in the area of woodland skills, more people are wishing to engage in activities related to Bushcraft, Survival, Forest School, Scouting and traditional camping.

We have identified a clear need for schools, scout groups, youth groups and outdoor centres to access training for their staff, which not only develops personal competence, but which ensures the safe and effective leadership of such activities.

Why choose the WSL over other training courses?

We offer the LSI, but this can be difficult for most people to achieve, or the award is superfluous to their teaching needs. The Woodland Skills Leaders course costs just £500 for the training and includes the assessment. The course including assessment takes place over four consecutive days.

The WSL course, which has been accredited by the IOL, to provide a means by which potential leaders can develop their capabilities, in an affordable and time efficient way.

To be eligible to attend a WSL course you must have leadership experience and other NGBs or teaching/coaching qualifications. Previous Bushcraft experience is desirable but not essential.

Accommodation

If you plan to camp in the woodland, overnight during your course, then you will need to bring all of your associated camping equipment yourself. Such as; tent/shelter/tarp/hammock etc, sleeping gear, cooking kit, eating kit & utensils, food, wash-kit, toiletries, towel, spare clothing etc. If you do wish to camp then please let us know via email beforehand. Drinking water is provided onsite for you to use. Please be advised that this is a private woodland-camping location but there are no toilets and showering/washing facilities, it is a wild-camping site and all waste MUST be removed from the site. Or you can stay at Dalraddy Caravan Site or at Aviemore.