



Guy Jarvis  
MTE Executive Officer

# Mountain Training update

For IOL February 20225





# Bouldering Wall Instructor

Launches 31<sup>st</sup> March 2025

- Establishes a standard (similar to CWI)
- Professionalises instruction/ coaching
- Opens up career pathways
- Integrates with the coaching scheme
- Aids staff development and retention
- Regulated by OfQual in England
- Recognised by insurers
  
- Guidance for standards of in-house schemes

## Site-Specific Climbing Wall Training Scheme Guidance





# The role of the Bouldering Wall Instructor

- to provide effective supervision and safe management of boulderers
- to independently organise, plan, manage and deliver sessions to a wide range of participants
- to deliver effective tuition and support to a range of boulderers
- to be informed, competent and experienced in the indoor bouldering wall environment

## Content:

- Personal bouldering skills
- Hazards and emergency procedures
- Background knowledge
- Instructor responsibilities
- Leadership and decision making
- Knowledge and demonstration of techniques
- Managing assistants
- Teaching skills
- Access, etiquette and ethics.





# Structure of the scheme

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## Training and assessment requirements

**Training:** minimum 7 hrs face to face

- Online modules on leadership and responsibilities
- The face to face training course can be split into 2 or 3 sessions.

**Assessment:** minimum 3 hours face to face, involving instructing a group.

### Ratios

- Training 1:6 (min 2, max 12 candidates)
- Assessment 1:2 (min 1 candidate, max 4 candidates)





# Mountain Training skills courses

## Improving access to essential skills

- **Rock skills** and **Hill and Mountain Skills**
- Minimum age 10
- No registration fee or process for participants
- Additional course staffing allows groups of 16
- MTE recruits providers from the voluntary sector



### Skills courses

Our skills courses are all about supporting people to be independent hill walkers and rock climbers.

→ [Find a skills course](#)

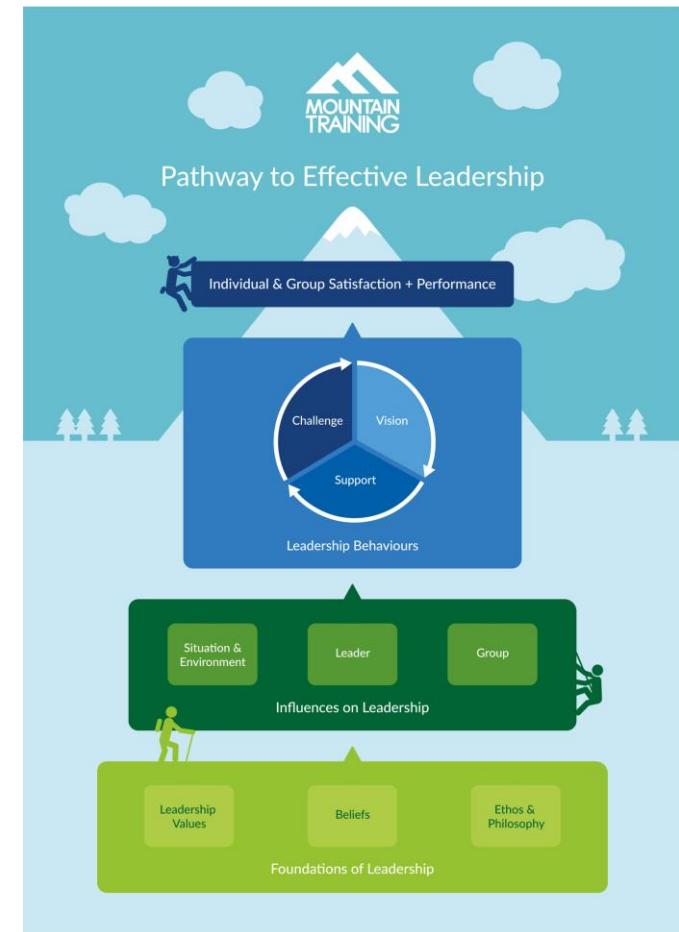




# Mountain Training leadership model

## Competencies introduced to all climbing qualifications

- New descriptors of leadership behaviours.
- A more holistic model based on transformational leadership.
- INSPIRE behaviours grouped into Vision, Support, Challenge.
- Allows providers to train and assess candidates with a consistent language.
- Common model for the sector aligns with British Canoeing and British Cycling.





# Coaching Scheme Review

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## 2025 consultation into our coaching qualifications and their pathways

- Foundation Coach, Development Coach and Performance Coach in the frame
- Surveys out March/April
- The future of climbing coaching and the roles of partner organisations
- Coach licensing?





# Remote supervision

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## Online accredited course

- For experienced leaders
- MT designed course
- 2 x 2.5 hr webinars
- 22 page workbook supplied
- Hosted on the MTA platform
- Accessible by all
- Completion recorded on your account
- £49 / £35 pp

